



### Drop Recommendations after Cataract Surgery

Typically, the patient will receive a Cataract Care Pack from our clinic before the cataract surgery. On the first postoperative day, they will receive a schedule for eye drops (start and stop dates, frequency).

**Antibiotics:** Typically, we use antibiotic eye drops 4 times daily for one week following cataract surgery, then discontinue. For patients who had an LRI, we continue antibiotic eye drops 4 times daily for 2 weeks after cataract surgery and until the LRI incision shows no signs of fluorescein staining, then discontinue.

**NSAIDs:** (non-steroidal anti-inflammatory drops): For routine cataract surgery, we recommend that the patient take NSAID drops 4 times daily for one week following surgery, then discontinue. Our diabetic patients begin NSAID 4 times daily for one week before surgery and they continue 4 drops daily for one week following the cataract surgery, then discontinue. Theoretically, this helps to reduce CME in our diabetic patients. Our patients who experience small pupil or IFIS (intraoperative floppy iris syndrome) requiring iris hooks or rings, I recommend leaving them on NSAID 4 times daily for one month following cataract surgery, then discontinue.

**Steroids:** Typically, we recommend Prednisolone 4 times daily for the first 2 weeks following routine cataract surgery, then cut back to 2 times daily for the next 2 weeks, then discontinue.

**Artificial Tears:** Immediately following cataract surgery, patients may resume using artificial tears. Preserved tears may be used up to 4 times daily, while non-preserved tears may be used hourly.

**Glaucoma Drops:** Patients may typically resume their glaucoma drops (if previously taking) within 48 hours following cataract surgery.

**Allergy Eye Drops:** Patients may resume this after 48 hours from cataract surgery.

**Restasis:** Patients may resume this 48 hours after cataract surgery.

These drop recommendations are suggestions and pertain to the eye which underwent cataract surgery. We highly recommend that you use sound, clinical judgment. Do not hesitate to call our clinic during office hours if you have further questions (573) 441-7070. If your patient is experiencing an emergency, call our clinic, Dr. McGarity's cell phone, visit the emergency department at the nearest hospital or call 911.